

— s k i n —

S i m p l i c i t é

— b e a u t y —

[www.simplicite.ie](http://www.simplicite.ie)



Our Skin Clinic services blend the strict standards of a medical environment with the nurturing ambiance of a spa, using clinical strength skin products from Ultraceuticals, Alumiers, and Osmosis and medical aesthetic devices including Viora IPL Treatment and LED Therapy.

All our facial treatments are tailored by our skin experts at your visit to address your individual skin needs and concerns on the day. Below is a guide of some of our facials we offer however, rest assured our skin experts will guide you on the day to ensure optimum results from your treatment.

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### New Client Consultation

Up to 30 mins | €20

Redeemable off next facial booked.

A quick cleanse and thorough examination of the skin followed by a treatment and homecare plan to start you on the path to glowing skin.

Virtual Skin Consultation also available on request.

### Half Back Acne Facial

45 mins €95

This treatment cleanses those tough to reach spots targeting a variety of concerns such as back acne, clogged pores and dehydrated skin. This treatment uses our Alumier MD range.

### Full Back Acne Facial

60 mins €150

This treatment cleanses those tough to reach spots targeting a variety of concerns such as back acne, clogged pores and dehydrated skin. This treatment includes a peel and extractions using our Alumier MD range.

### Milia Removal

(Milia, known as the pearly-white spots, hard bumps can be removed in clinic with our advanced therapist. Price depending on quantity

From €60

### Anti Wrinkle Injections

Consultation

Dr Jennifer is an experienced Aesthetics doctor and practicing GP. Please enquire with reception on her availability

### Teen Cleansing Facial

45mins €80

Dr Jennifer is an experienced Aesthetics doctor and practicing GP. Please enquire with reception on her availability

# AlumierMD

AlumierMD is a true professionally-dispensed medical-grade skincare brand dedicated to the latest advancements in Clean Science, and delivering therapeutic outcomes for patients presenting an array of skin conditions and concerns. AlumierMD Peel Treatments are the next generation of clinical exfoliation. With a variety of peels, each with a unique complex of ingredients, your AlumierMD professional can customise your program of treatments to target your specific skin concerns whether it be aging, pigmentation or acne.

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## AlumierMD Introduction Facial

50mins | €100

To kick start your peeling journey toward skin health, this treatment will include an enhancement mask to condition and boost skin resilience.

## AlumierMD Introduction Peel

40 mins | €130

A peel with lactic acid and/or salicylic acid, this treatment will gently exfoliate for light rejuvenation.

## AlumierMD Customised Advanced Peel

50mins | €150

This treatment is customised to your skin type and will effectively rejuvenate skin for a brighter, smoother and clearer complexion with a peel and enhancement mask or booster

## Add on service: Eye Rescue Treatment

€40

Eye Rescue Pads are soothing and cooling gel pads to rejuvenate the eye area. This add on is a must for anyone that is looking to improve the appearance of the delicate eye area. You will be treated to a pressure point massage to improve circulation and clarity leaving your eyes looking brighter and refreshed.

## Add on service: Neck Treatment

€40

This includes a firming cream specifically designed for the neck and décolleté area and a moisture mask for optimal hydration.

# Ultraceuticals



Your skin is unique, and your skin treatment should be too. After a thorough Skin Health Consultation, your professional Skin Expert will create your bespoke Skin Journey plan to tackle concerns like dryness, dullness, the first signs of premature skin ageing, uneven skin tone, congestion, breakouts, enlarged pores and problematic skin. With customised, innovative treatments, plus your home care plan, you can expect to enjoy radiant, healthy glowing skin in 90 days.

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## Ultra-Gentle Facial (no peel)

45 mins | €100

Experience the perfect introduction to healthy, vibrant skin with the Ultraceuticals Introduction Facial. Our skilled therapists will perform a customized experience tailored to your skin's needs, as we cleanse, exfoliate, and nourish your complexion and create a comprehensive skin health plan.

## Radiance & Glow

60 mins | €140

Brightening Accelerator mask with a cocktail of tried and tested ingredients to deliver a more even and smooth skin tone.

KEY CONCERNS: dull, blotchy, uneven skin tone

## Hydrate & Firm

45 mins €120

Lactic acid increases support in the skin creating plumpness and instant dewiness.

KEY CONCERNS: dry, dehydrated, lack lustre

## Mattify & Clear

45 mins | €120

Mandelic acid targets excess oil and cell build up to provide skin clarity and deep cleanse.

KEY CONCERNS: problematic, breakout skin

# Advanced Skin Treatments

We deliver the best results possible to our clients using the most advanced devices and technologies. For optimal results a course of treatments is always recommended by your skin expert.

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## Dermaplaning

40mins / €100

A cosmetic skin treatment that involves using a small, sharp blade to exfoliate your skin. It helps remove dead skin cells, debris, and peach fuzz from your face

Add Mesotherapy €200 Total

## Mesotherapy

50 mins / €150

A cosmetic skin treatment that involves using a small, sharp blade to exfoliate your skin. It helps remove dead skin cells, debris, and peach fuzz from your face

## Skin Needling

Single Treatment

90mins | €200

3 Sessions | €550

(includes post treatment care)

Micro needles are used to create a controlled injury within the dermis to stimulate growth factors and collagen. Working at a dermal level this will have anti-ageing and skin renewal benefits.

Recommended for scar tissue, acne scarring, pigmentation and ageing skins. Needles are used to stimulate hydration, smoothing of fine lines and overall plumping to achieve that envious glow.

Suitable for all skins specifically dull, dehydrated, aged skins.

## Peel with Mesotherapy

75 mins / €199

The ultimate results driven facial combining our bespoke Ultraceutical/Alumier peel with Mesotherapy.

This facial is for clients looking for optimum results. Skin is exfoliated and rejuvenated with our peel of choice followed by mesotherapy for collagen stimulation. Suitable for all skin types, especially clients concerned with ageing and scarring.

## Glow Package

€550 RRP €700

This package includes an advanced skin consultation and three of the following treatments. An additional FREE Dermaplaning treatment is provided as a special gift from us

Treatments available

- Needling
- IPL Rejuvenation
- Medical & Cosmeceutical skin peels

# Ultimate Skin Rejuvenation Combination (Peel and IPL Rejuvenation)



1 Session | €300

4 Sessions | €995 (Save €305!)

Includes a complimentary Serum!

Experience the transformative power of combining IPL skin rejuvenation and a tailored skin peel into one treatment, using either the AlumierMD or Ultraceuticals range.

This dynamic duo offers:

- enhanced rejuvenation
- amplified collagen stimulation
- targeted customization
- and time efficiency

Ideal for clients seeking comprehensive skin rejuvenation, this combination addresses multiple concerns such as pigmentation issues, sun damage, uneven skin tone, texture irregularities, and signs of aging. By merging the benefits of IPL and a chemical peel, you can achieve a smoother, brighter, and more youthful complexion. Consult with our skincare professionals to unlock the full potential of this remarkable treatment and embrace a renewed radiance that will leave you glowing with confidence.

Ideal for: Brides or anyone preparing for a special event; anyone looking to boost their skin's appearance and see significant improvements - fast.

This is an advanced skin care treatment providing noticeable results and as such, a consultation and patch test is required in advance. Appropriate homecare including an SPF is a necessity alongside this service. A course of treatments is recommended for optimum results.

# IPL Skin Rejuvenation

IPL is a very popular skin correction treatment that helps those who have imperfect skin due to over exposure to the sun. Intense Pulsed Light [IPL] treats and corrects a wide range of facial concerns safely and effectively, such as broken capillaries, freckles, age spots and uneven skin texture.

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## IPL Skin Rejuvenation Consultation

30 mins | Complimentary

We offer a complimentary consultation to all clients considering this treatment. This takes 30 minutes and includes a patch test (if suitable). We request that no false tan (2 weeks) or retinols / AHAs (5 days) be used on the area you are considering treating in advance so we can carry out a patch test.

## IPL Skin Rejuvenation

Course of 4 | €640  
30 mins | €200 per session

# Radiofrequency Skin Tightening

Radio-frequency skin tightening is an aesthetic technique that uses radio frequency energy to heat skin with the purpose of stimulating cutaneous collagen, elastin and hyaluronic acid production in order to reduce the appearance of fine lines and loose skin. It has an immediate effect on the skin but is best performed as a course of treatments for optimal results

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	Per Session	Course of 4
Full Face	€175	€560
Neck & jaw Line	€175	€560
Eye Tight	€120	€384

# IPL Hair Removal

Using our Lasertech Viora V20 technology we are able to perform successful hair removal with minimal client discomfort. This service, quickly and effectively eliminates hair from the body regardless of the follicle depth or how large / small the area is.

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## IPL Hair Removal Consultation

30 mins | Complimentary

We offer a complimentary consultation to all clients considering this treatment. This takes 30 minutes and includes a patch test (if suitable). We request that no false tan / sun exposure (2 weeks) or retinols /AHAs (5 days) be used on the area you are considering treating in advance so we can carry out a patch test.

## Course of 6 Bundles (Save up to 50%!)

			Per Session	Course of 6
		Full Leg	€200	€579
		Half Leg	€140	€449
Lip & Chin	€330	Basic / Extended Bikini	€90	€299
Basic / Extended Bikini & Underarm	€499	Brazilian / Hollywood	€160	€449
Hollywood / Brazilian & Underarm	€649	Underarm	€90	€299
Half leg, Underarm & Basic / Extended Bikini	€749	Lip	€40	€168
Full leg, Underarm & basic/ extended bikini	€879	Chin	€60	€252
Half leg, Hollywood/ Brazilian & Underarm	€899	Sides of Face	€60	€252
Full Leg, Hollywood / Brazilian & Underarm	€1029	Full Face	€100	€420
		Full Face & Neck	€160	€599
		Chest	€100	€449
		Abdomen	€120	€420
		Lower Back	€100	€449
		Navel line	€60	€252



# Beauty Rooms

The Simplicity Beauty Rooms offers a full spectrum of beautiful salon services, from brows to bronzing, and almost everything in between. Our caring team are here to listen to exactly what you want, and guide you in the treatments and options that suit you best. Each service is customised to your specifications, and mindful of your natural beauty.

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<b>File &amp; Polish</b>	€25
Includes a nail shape with a nail colour of choice using essie or vinylux polish as standard	
<b>Mini Manicure</b>	€30
Includes cuticle work and nail shape with a nail colour of choice using essie or vinylux polish as standard	
<b>Simplicité Signature Manicure</b>	€50
Includes cuticle work, nail shape, scrub, hot towels, massage, heated mitts and a colour of choice using essie or vinylux polish as standard	
<b>Shellac / Fedua Hands</b>	€40
Includes basic cuticle work and nail shape with colour of choice.	
<b>Shellac Hands with detailed cuticle work</b>	€50
Includes detailed cuticle work and nail shape with colour of choice.	
<b>Gel / Acrygel Extensions</b>	90 mins   €70
<b>Gel / Acrygel Refills (up to 3 weeks)</b>	90 mins From €60
<b>Extensions Removal</b>	30 mins   €25
<b>Extensions Removal &amp; Mini Mani</b>	60 mins   €45
<b>Mini Pedicure</b>	30 mins   €35
Includes cuticle work, nail trim / shape and paint of vinylux or essie polish	
<b>Simplicité Signature Pedicure</b>	60 mins   €60
Full pedicure including soak, cuticle work, nail shape, exfoliation, dead skin removal, massage and paint of polish using essie or vinylux polish as standard	
<b>Deluxe Signature Pedicure</b>	75 mins   €75
Full pedicure including soak, cuticle work, nail shape, exfoliation, dead skin removal, heated bottles, relaxing foot and leg massage, collagen socks and paint of polish using essie or vinylux as standard	
<b>Shellac / Fedua Toes</b>	40 mins   €40
Includes cuticle work, nail shape, and colour of choice	
<b>BIAB Refill</b>	75 mins   €55
Includes cuticle work, nail shape, and colour of choice	
<b>Extras:</b>	
<b>Add Shellac / Fedua to manicure or pedicure</b>	€15
<b>Shellac Removal (Complimentary if having gel polish reapplied on the same day)</b>	€15
<b>Add French Tip Finish (Multi Colour French Tips: €10)</b>	€5
<b>Structure/Gummi</b>	€5
<b>Extension Nail Fix</b>	€8
<b>Ombre</b>	€10
<b>Add Nail Art (per nail) from</b>	€2

## Brows

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Brow Shape (wax / tweeze)	€22
Brow Tint	€15
Brow Wax & Tint	€30
Lash Tint	€22
Brow Shape, Tint and Eyelash Tint	€45
Henna Brows	€45
Lamination	€60
Brow Thread & Tint	€30
Brow shape & Hybrid tint	€40

## Threading

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Lip & Chin	€25
Full Face	€45
Brow Threading	€22
Lip Thread	€15
Chin	€15
Sides of Face & Jaw	€25
Jaw	€15

## Perrin Rigot Waxing\*

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Eye Brow	€22
Lip	€15
Chin	€15
Lip & Chin	€25
Sides of Face	€25
Full Face	€45
Nasal	€15
Underarm	€20
Forearm	€25
Lower Back	€30
Half Leg	€35
Full Leg	€45
¾ Leg	€45

## For Men

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Chest €40	€40
Back €50	€50
Abdomen €35	€35
Any two areas €70	€70
Nasal €12	€12
Ear	€12

## Lashes

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Classic full set	€110
Classic half set	€75
Classic Refills 2-3 weeks	€65
Classic Refills 3-4 weeks	€75
Yumi Lash Lift & Tint	€70

Lifts, lengthens and darkens natural lashes to their full potential. Lasts up to 8 weeks.

\* Patch test required.

\* Lash Lift not suitable during pregnancy

## Lash Lift & Brow Lamination Combo €110 (save €20)

Standard Bikini Line	€25
- A tidy-up around the edges	
Extended Bikini Line	€30
- A slightly tighter wax, more suitable for high cut underwear	
G-String Bikini	€40
- A much tighter wax, hair from behind is also tidied	
Brazilian	€50
- All hair underneath and behind is removed, a small area is left at the front	
Hollywood	€55
- All hair is removed	

**\*24 hour patch test required for tint, wax, lash lift, extensions & lamination treatments**

# Live Well

## Massage & Packages Available at Simplicite

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### Hot Stone Back Massage & Customised Facial

60mins | €95

The combination of Aromatherapy oils and Hot Stones will melt away tension and stress. The treatment begins with our Made for Life Hot Stone experience followed by our Brightening Facial leaving you looking and feeling radiant

### Massage Therapy

30 mins | €60

90 mins | €95

### Pregnancy Massage

60 mins | €100

\*80 mins | €130

Includes brightening facial

# Live Well

## Life & Executive Coaching

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### Pricing on Request

Coaching is a powerful and collaborative engagement between a coach and an individual which results in new thinking and positive change.

Emma is a qualified Executive Coach with over twenty years senior leadership experience in different companies, counties, and continents. She established her own business, Simplicity, after twenty successful years in the corporate world. She is also qualified in Emotional Intelligence psychometric testing and coaching.

People come to Emma for coaching for different reasons such as

- Seeking a career change
- Looking to setup a business
- Eager to improve their emotional intelligence to allow greater success in both their personal and professional lives
- Wanting to find their sparkle and confidence again

Emma is a qualified Nutrition & Lifestyle Coach with the Institute of Health Sciences and will be working with people who

- Would like to improve and optimise their diet and lifestyle
- Want to decrease stress in their lives
- Want to increase their energy levels through diet and lifestyle changes
- Would like to improve their sleep
- And generally, improve their overall wellness

# General Information

## Simplicite Etiquette

We respectfully request that our clients come alone into treatment rooms. We ask that you respect the relaxing atmosphere for other customers by switching off your phone.

## Simplicite Policies

We operate a 24 hour cancellations. Cancellations within 24 hours will incur a 50% charge

No show and less than 4 hours notice to appointments will incur a 100% charge

We operate an appointment only policy.

Booking deposit required for all appointments.

## Contact details

Phone: 01 627 8498

Email: [info@simplicite.ie](mailto:info@simplicite.ie)

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